

NJAFP Annual Meeting
Agenda Subject to Change

Thursday, May 1, 2025

Start Time	End Time	Session		Location
5:00 PM	7:00 PM	NJAFP Board of Trustees		Bongo

Friday, May 2, 2025
Learning Collaborative

Start Time	End Time	Session	Presenter	Location
9:30 AM	10:00 AM	Arrivals		
10:00 AM	12:30 PM	Morning Session	Sandi Selzer Jessica Sowden	Tambora
12:30 PM	1:15 PM	Lunch – Boxed lunches		Tambora
1:15 PM	4:00 PM	Afternoon Session	Sandi Selzer Jessica Sowden	Tambora

Friday, May 2, 2025
House of Delegates & CME Sessions

Start Time	End Time	Session	Presenter	Location
7:00 AM	8:00 AM	Coffee & Continental Breakfast		
8:00 AM	10:00 AM	NJAFP House of Delegates		Mambo
10:00 AM	10:30 AM	Break		
10:30 AM	12:00 PM	NJAFP House of Delegates		Mambo
12:00 PM	1:15 PM	Installation Luncheon Location: Bossa Nova		
1:15 PM		NJAFP House of Delegates (continues until all business has been concluded)		Mambo
2:00 PM	6:30 PM	Annual Meeting Registration Opens		
3:00 PM	3:45 PM	FR1: The New Normal: Digital Technologies for People Living with Insulin-Treated Type 2 Diabetes Though many people with type 2 diabetes would benefit from insulin therapy, concerns about treatment complexity are common. Rapid advances in diabetes technology - such as connected insulin pens, pen caps, continuous blood glucose monitoring devices, and mobile apps - may reduce barriers to insulin use. Real-world studies indicate that	Janet B. McGill, MD, MA, MACE, FACP	Mambo

Start Time	End Time	Session	Presenter	Location
		these devices are associated with improved glycemic control, reduced fear of hypoglycemia, and increased treatment satisfaction. This session explores the ins and outs of these devices and how to use incorporate these new technologies into effective treatment plans.		
3:45 PM	4:30 PM	FR2: Breaking Through Biases: Building Skills for Collaborative Weight Management in Primary Care and Treating Obesity as a Chronic Disease Obesity continues to rise at an alarming rate. While early intervention is central to reducing the risks associated with obesity, many people with obesity (PwO) frequently experience weight bias, stigma, and poor treatment. Nearly half of PwO are never formally diagnosed and therefore do not receive care explicitly targeted at managing obesity. This session is geared to family physicians to help them effectively treat obesity as a chronic disease and apply current guidelines and evidence to prioritize the treatment of obesity and will include skill building in initiating nonbiased conversations with patients using shared decision-making to set achievable, long-term goals.	Donna H. Ryan, MD, FTOS	Mambo
4:30 PM	5:15 PM	FR3: Immunization Updates Join Dr. Schlam as he brings updates on the influenza, RSV, and pneumococcal vaccines and explores the current measles outbreak and the challenges of brining it under control.	Everett Schlam, MD	Mambo
5:15 PM	7:30 PM	Exhibitor Reception & Resident Job Fair		Castanet & Pre-Function
7:30 PM	9:30 PM	Resident Knowledge Bowl		Mambo

Saturday, May 4, 2024

Start Time	End Time	Session	Presenter	Location
7:00 AM	8:00 AM	Breakfast & Exhibits Location: Castanet		
8:00 am	8:15 AM	SA0: Welcome and NJAFP Updates	Ray Saputelli, MBA, CAE	Mambo

Start Time	End Time	Session	Presenter	Location
8:15 am	9:00 am	SA1: Cases in the Community: Optimizing Treatment and Considering Weight Management as a Primary Goal in People with T2DM When treating people with type 2 diabetes mellitus, timely intensification of therapy is a foundational principle of contemporary management and is associated with better long-term health outcomes, yet more than 50% of patients do not receive appropriate treatment for their T2DM. Additionally, most adults with T2DM have overweight or obesity, and weight loss has been shown to significantly improve outcomes. However, weight loss goals are rarely achieved. What can be done to improve health outcomes for these patients? Join this session and find out.	Javier Morales, MD, FACP, FACE	Bossa Nova
9:00 AM	9:45 AM	SA2: Vaccine Hesitancy and Compassion Fatigue Since the onset of the COVID-19 vaccine in 2021, physicians have experienced “compassion fatigue” – the emotional, physical, cognitive, and spiritual drain that results in the decreased ability to provide empathetic care to patients. During the COVID pandemic, compassion fatigue was directed toward patients who refused the COVID vaccine; however more recently, it may be directed toward vaccine hesitant patients in general. In addition to compassion fatigue, a study of vaccine hesitancy among healthcare providers in Europe showed that while 79% of physicians are vaccinated, there is variation in vaccine acceptance. The politicization of vaccines during the COVID pandemic may have impacted overall vaccine acceptance among providers. Join Dr. Cennimo as he explores both vaccine hesitancy and compassion fatigue in family medicine.	David Cennimo, MD FACP, FAAP, AAHIVS	Mambo
9:45 AM	10:15 AM	Break on the Exhibit Floor (Castanet)		Samba
9:45 AM	11:15 AM	Past Presidents Meeting You must be an NJAFP Past President to participate in this session.		TBD

Start Time	End Time	Session	Presenter	Location
10:15AM	11:00 AM	SA3: Biologics for the Treatment of Asthma and the Critical Role of Primary Care in Improving Patient Outcomes. Primary care physicians are on the front lines of managing asthma and play a crucial role in identifying uncontrolled asthma and considering biologic therapies as alternatives to high-dose inhaled corticosteroids or oral medications. However, biologics aren't a one-size-fits-all solution. Careful selection and individualization are essential, and a multidisciplinary approach is highly beneficial. Effective referral pathways and strong communication and collaboration between primary care physicians and specialists are now more critical than ever. This session will discuss assessing asthma control, indicators for and evidence supporting biologics, and strategies for optimal patient evaluation and co-management through effective referrals and communication.	Reynold A. Panettieri, Jr., MD	Mambo
11:00 AM	12:00 PM	SA:4 Frank Snope, MD Keynote Address A Focus on the Independent Practice Join Becky Levy for a discussion about the importance of independence practice and why is it good for both family physicians and their patients.	Becky Levy	Mambo
12:00 PM	1:00 PM	Lunch on the Exhibit Floor		
1:00 PM	1:30 PM	Poster Viewing		

Start Time	End Time	Session	Presenter	Location
1:30 PM	2:15 PM	SA5: Lipid Management Beyond Statins: Early Screening, Prompt Intervention, and Timely Intensification with PCSK9-Targeted Therapies Elevated levels of LDL-C are linked to a higher risk of atherosclerotic cardiovascular disease. Multiple professional organizations emphasize the importance of lowering LDL-C levels to reduce CV risk, yet, despite the availability of nearly ten different categories of medications designed to lower cholesterol levels, proper management of hyperlipidemia remains inadequate. The discovery of the proprotein convertase subtilisin/kexin type 9 (PCSK9) pathway's role in hyperlipidemia led to the development of innovative treatments targeting PCSK9. These therapies reduce LDL-C levels in individuals with hypercholesterolemia by 50% or more. Family physicians are uniquely positioned to effect real change for their patients—what are best practices for timely intensification? This session will discuss the complexities of timely therapy intensification and offer practical guidance for managing hyperlipidemia in the primary care setting.	P. Barton Duell, MD	Bossa Nova
2:15 PM	3:00PM	SA6: Meeting Mental Health Needs of Children and Young Adults- NJ Pediatric Psychiatry Collaborative 2025 Update The mission of the statewide NJPPC is to transform access to mental health care by empowering pediatric primary care providers. The program, now in its tenth year, has added new features and initiatives. Through collaboration, education and support, NJPPC aims to ensure early identification and effective management of mental health issues, fostering a healthier and more resilient generation. The NJPPC comprises over 988 pediatric clinicians including family physicians. These participating pediatric primary care providers have screened over 220,000 patients for mental health issues, and 25,000 patients have received mental health consultation services via the NJPPC Regional Hubs.	Meera Wells, M.D. Melany Maldonado, PhD	Mambo
		SA7: Changing the Future for Families with HoFH: Long-Term Benefits of Early Diagnosis and Treatment for Homozygous Familial Hypercholesterolemia Homozygous familial hypercholesterolemia (HoFH) is a rare genetic disorder affecting 1 in 250,000-360,000 people, leading to extremely high LDL cholesterol levels. Delayed diagnosis can result in early heart issues and high adolescent mortality. However, timely diagnosis and targeted lipid-lowering therapy can improve outcomes. Learn from a lipid expert about familial testing, treatment intensification, and strategies for referrals and access challenges!	James A. Underberg, MD, MS, FACPM, FACP, FNYAM, FASPC, FNLA	Bongo

Start Time	End Time	Session	Presenter	Location
3:00 PM	3:15 PM	Break		
3:15 PM	4:00 PM	SA8: Hypertension in Children and Adolescents – Update 2025 Join Dr. Dharnidharka as he compares the evolution of pediatric hypertension definitions, describes the role of ambulatory BP monitoring in diagnosis and follow up, and discusses newer assessments and interventions that may change the treatment landscape.	Vikas R. Dharnidharka, MD, MPH	Mambo
		SA9: Review of STI Evaluation, Screening, and Prevention Join Dr. Slim as he discusses new guidelines and the importance of evaluating, screening, and preventing sexually transmitted infection with an emphasis on syphilis and HIV.	Jihad Slim, MD	Bongo
4:00 PM	4:45 PM	SA10: Providing Pregnancy Options Counseling & Abortion Care TBD	Jeff Levine, MD Anna Sliwowska, MD	Mambo
		SA11: No Oil, No Foul- A Closer Look at One Diet Proven to be Successful in Coronary Artery Disease Travel through the lens of one patient into a diet plan that has been effective in patients with difficult to treat coronary artery disease. Explore the work of Caldwell Esselstyn, MD of the Cleveland Clinic and Dean Ornish, MD and prepare to leave the session with more information about a diet shown to be effective in patients with refractory coronary artery disease.	Donna Kaminski, MD	
4:45 PM	6:00 PM	Free Time		
6:00 PM	9:00 PM	Awards Celebration Join your colleagues in a celebration highlighting the best in family medicine. Experience an interesting array of culinary choices and beverages and top off the evening dancing to the latest hits. Attire: Cocktail		

Sunday, May 5, 2024

Start Time	End Time	Session	Presenter	Location
8:30 AM	9:45 AM	SU1: CME Breakfast Why & How to Prescribe PEP & PrEP	Cresandra Corbin, MD, FAAFP	Bossa Nova
10:00 AM	12:00 PM	KSA - Health Counseling and Preventive Care	TBD	(Hybrid Session) Bongo
11:45 AM		Conference Concludes		