

# Mitigating Disparities in Primary Care Improving T2DM Control among African Americans

## Residency Program Collaborative 2019-20

*Diabetes takes a heavy toll on African Americans in prevalence, mortality and morbidity. Health disparities exist for biological, behavioral, social, and environmental reasons, but clinical and health system factors also play a role. Physicians and their care teams must acknowledge implicit bias and implement interventions to counter clinical inertia and nonadherence in order to mitigate health disparities for at-risk populations.*

**NJAFP's Residency Program Collaborative is beginning a yearlong QIE program to give primary care physicians and their care teams a practical, actionable plan to address health disparities by mitigating implicit racial bias and the resulting clinical inertia and medication nonadherence, leaving them with tools to address these issues among patients with diabetes and help to meet system and institution priorities and RRC competencies**

At the conclusion of the program, practices will be able to:

1. Define implicit racial bias and explain how it is a contributing factor to clinical inertia and health disparities
2. Identify contributing factors to disparities in medication adherence and list interventions effective with minority patient populations
3. List the potential clinical benefits for achieving glycemic control with new medications such as SGLT2 inhibitors in patients with T2DM
4. Explain how to mitigate health disparities in a primary care practice
5. Identify how medications such as SGLT2 inhibitors and combination therapy might be used in a treatment plan
6. Summarize how to mitigate disparities in prescribing
7. Implement at least one practice change to overcome racial bias and clinical inertia
8. Implement at least one practice change to support medication adherence

**The Residency Program Collaborative started in 2009 and includes residency programs from across Pennsylvania and New Jersey. The Collaborative is a free QI network and currently enrolling primary care residency program practices for 2019-20.**



**FOR MORE INFORMATION OR TO ENROLL, EMAIL SUE AT [SHOCKENBERRY@NJAFP.ORG](mailto:SHOCKENBERRY@NJAFP.ORG)**