



NJAFP 2024 Resolution # 2
Proposed by Frank Aliganga, MD

Extend Validity of Physical Therapy Referrals in New Jersey

1 **Whereas:** the current regulation in New Jersey limits the validity of physical therapy referrals to
2 a 30-day period, and

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4 **Whereas:** this short validity period leads to frequent and unnecessary requests for referral
5 renewals, and

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7 **Whereas:** the burden of processing these numerous renewal requests imposes a significant
8 administrative strain on healthcare providers, and

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10 **Whereas:** this administrative burden detracts from the primary responsibility of physicians to
11 provide direct patient care and compromises the efficiency of healthcare delivery, now therefore
12 be it

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14 **RESOLVED:** that the Academy call upon the relevant regulatory bodies in New Jersey to
15 extend the validity of physical therapy referrals from 30 days to three months, and be it further

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17 **RESOLVED:** that the Academy advocate for this policy change to reduce administrative
18 burdens on physicians and improve the continuity of care for patients requiring physical therapy